Yu, Adrian

November 30, 2022

Professor Rodwell

FIQWS 10108

MMT Reflection

The research question I selected to base my Research Critical Analysis essay on was, “How does Social Media Addiction Affect Adolescents?” To preface, before I finalized my question, I was going to discuss how social media overall affects adolescents, however, I felt as if this question was too broad, so I narrowed down and focused my attention to social media addiction. The purpose of my Research Critical Analysis essay was to do tons of background research with credible and academic sources in order to fully understand the topic question. I believe I gave my audience sufficient research on my topic. I went through the following processes: writing, drafting, revising, and collaborating, to ensure my essay had little to no mistakes. In terms of growth, I could have expanded on some ideas, such as talking more in-depth about the positives of social media as well as the downsides. With feedback, I took my peers’ suggestions into consideration and tried to incorporate most of it to fix my essay. The media/design of this paper was a written essay, and my argument was that teens would be negatively affected by social media, as there are more negatives than positives. Examples included sleeping problems, cyberbullying, and anxiety.

For the five-minute oral presentation, I condensed a lot of researched information from my essay into an easy to follow and understanding presentation. The author is once again, me, and the purpose of the oral presentation was to condense an eight-page research paper into a much nicer six slide presentation, so readers or my audience will not have to read an eight page essay. The media/design is in a presentation format, and I did not really have an argument or stance for my presentation, rather, I listed both sides (negatives and the positives), then went over combating social media addiction. I also edited, drafted, and revised my presentation to fit necessary/important information, without each slide being too cluttered. I did not get feedback on my presentation during the making of it, since it was relatively easy, as I had all the info in front of me.

The infographic is the new medium (form of media I used). The author is myself, and the purpose of my infographic was just giving a brief overview with social media came to be as well as the ways one can be addicted, some stats about social media, and how to reduce social media use. The media/design was in an infographic format and similarly to the presentation, I did not have an argument or stance, as this format was just to inform my readers or audience of my findings. The infographic was easy, as I also had the information in front of me. I noticed that I could have added a bit more ways how one might be addicted to social media, rather, I just listed four ways along with their accompanying pictures.